

• Compassion • Gratitude • Generosity • Forgiveness

Awareness • Authenticity • Flexibility • Empathy



• Collaboration • Curiosity • Perseverance • Love

# KIND WORLD PASSPORT

NAME:

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## **Kind World Explorer Pledge**

I am a Kind World Explorer. I have greatness inside of me. I will use my greatness to make good choices and be the best me I can be!

Hello!

Welcome to your Kind World Passport! You are about to embark on an adventure of learning all about the tools you can use to be a force of kindness in the world. Kindness is an amazing power we have to brighten others' lives, as well as our own! As you explore the 12 character strengths we have for sharing kindness, you can chart your progress in this book. When it's complete, you'll be a true Kind World Explorer! Here's what to do:

1. Work through the My World, Your World, and Our World activities in the Kind World Explorers Guidebook together with your family or club.
2. As you learn about each new character strength, illustrate what it means to you or write an example of how it could be put into action in the box provided.
3. Receive your sticker and place it on the corresponding Character Strength page!

**Let's Connect with Kindness!**

# HARMONY

Coming together in agreement and unity.

# GRATITUDE

Feeling thankful and appreciative

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# GENEROSITY

Giving and sharing with others

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# FORGIVENESS

Letting go of grudges

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# PURPOSE

A drive to do something that feels personally meaningful and improves the lives of others.



Be the  
change  
that you  
wish to  
see in the  
world.

Mahatma Gandhi

# COLLABORATION

Helping and working with others

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# CURIOSITY

Exploring and wanting to learn more

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# PERSEVERANCE

Continuing to try and not giving up

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# HONESTY

Behaving or expressing yourself in a way that is fair, free of deceit, and morally correct.

“Harmony is a beautiful balance between mind, body, and soul measured in tender peaceful moments.”

Melanie Koulouris



# AWARENESS

Noticing what is happening inside and outside us

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# AUTHENTICITY

Being true to yourself

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# FLEXIBILITY

Being open to change

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# COURAGEOUS KINDNESS

Being kind even when it can be tricky or  
hard.

# EMPATHY

Understanding others' thoughts and feelings

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# COMPASSION

Sharing kindness, patience, and understanding

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# LOVE

Caring for and helping others to be happy

*Use this space to reflect what this means to you.*



What did you do?



What did you do?



What did you do?

Completed:

# ABOUT

## CAMP KINDNESS COUNTS

At Camp Kindness Counts we empower and inspire kids to be the catalyst for positive change with their curiosity, courage and kindness. Kids in our programs practice service learning, collaboration, mindfulness, building positive character virtues and ultimately make a positive difference in themselves and around them. When Camp Kindness Counts was formed in 2012, the response from the parents surprised us and the reactions from the kids inspired us. Who knew that taking the time out to show kids how their simple acts of kindness can really make a positive impact around them, would make them feel like “superheroes”! We became a 501c3 nonprofit organization in 2014 and have expanded greatly to schools and within communities since then.

# MISSION

We empower kids and families to embrace kindness as a core value to community building. We encourage kids to embrace their authentic selves through mindfulness.

We believe that when kindness and authenticity are embraced as societal values, the youth of today are better equipped to shape the world as confident, compassionate leaders.

# VISION

We envision a world where young people feel confident, curious, and productive. These youth will lead their communities and schools to adopt a culture of kindness and compassion.

# VALUES

1. Listen deeply to the thoughts, feelings, and ideas of kids
2. Foster connected and supportive communities across parents, schools, and kids
3. Nurture ourselves and those around us through compassion and mindfulness
4. Inspire leadership by nourishing creativity and acts of kindness
5. Express joy and gratitude through our thoughts, words, and actions

6. Embrace a worldview where each person can make an impact locally and globally

YOU

DID

IT

We are so proud of your efforts in building  
on your character and becoming a Kind  
World Explorer!

This booklet was brought to you by:



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